

Go Slow Yoga Classes Terms & Conditions

By enrolling in the Go Slow Yoga term or half term of classes you are agreeing to the following terms and conditions.

You will inform Nicole of any medical concerns, injuries, or if you are pregnant prior to class.

Your yoga class commitment is for the 5 or 10 week term as purchased. If you miss a class, you have the opportunity to make up the class during the week (i.e; participating on Wednesday in lieu of Monday and vice versa). Please inform Nicole of your intention to do this at least 24 hours in advance.

Once payment has been made there are no refunds for your booked classes. Payments for Yoga classes are not transferable to a future date and all sales are final.

If you enter the Zoom waiting room more than 5 minutes after the advertised class start time you will not be admitted.

Nicole reserves the right to cancel any classes, sessions, or events due to illness or other urgent situations. Nicole will notify all students with as much notice as possible of the rescheduled date.

Exceptional circumstances will be considered on a case by case basis at the discretion of Go Slow Yoga.

If you have any questions please feel free to contact Nicole by emailing goslowyoga@gmail.com