

BRIEF

Title & Code of Module: Care of the older person Code: 5N2706 (Level 5)

Assessment Technique: Skills Demonstration

Title: Care Of the older person – skills demonstration

Marks: 60 marks

Guidelines:

You are a Healthcare Assistant working in a residential nursing home. Your Supervisor has asked you to assist with recreational activities. She has asked you to develop an activity for one of your residents (profile on next page)

Submit a written documentation to include - Word count: 1200

- ✓ Client profile
- ✓ Identify chosen activity with reason(s) for choice
- ✓ Describe how the activity is planned
 - Time of day for activity and why, room size, placement in room, consents, weather(if applicable), transport (if applicable) etc.
- ✓ Resources required (what equipment. staff members, prizes etc.)
- ✓ Meeting the holistic needs of the resident
 - Physical, Emotional, Environmental, Psychological, Spiritual
- ✓ Your role in assisting the client/resident throughout the activity
- ✓ Describe verbal and non-verbal communication required throughout this activity
- ✓ Identify what health and safety practices are important
- ✓ Critical evaluation identifying what challenges (if any) this task may have

Submit a short recording approx 2 minutes to info@hcts.ie to include

- Client profile
- Explain how your activity will benefit your client
- Explain what you had to plan for this activity
 - Show items you would use for your activity
- Short demonstration of how you would explain the activity to your client involving the holistic needs including the importance of communication throughout the activity

Subject of your email must include your name + Care of the Older Person Skills Demonstration

e.g. John O'Brien Care of the Older Person Skills Demonstration

(Assignment cannot be marked until recording is received)

Assessment Criteria:

- Thorough organisation and preparation of the task, including identification of clients' needs **(15 marks)**
- Careful execution of the task **(15 marks)**
- Effective communication throughout the task **(10 marks)**
- Effective use of relevant safety and health practices **(10 marks)**
- Comprehensive record of the task **(10 marks)**

Issue Date:

Learners Name:

Submission date:

I confirm that this is my own original work

Signed: _____ Date: _____

Issued by: Jane Cassidy

Approved by: Mary Mc Loughlin

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CLIENT PROFILE

YOU MUST WRITE THIS OUT FOR YOUR ASSIGNMENT

Due to confidentiality and data protection reasons I will identify my client by Mary which is a pseudonym

CLIENT PROFILE

Mary is a 74 year old lady living in a residential nursing home. In total there are 40 residents in this nursing home

Background

Mary grew up on a farm with one brother and one sister. Mary was married to Dan who died 5 years ago from a heart condition. Mary had worked as a full time mother and home keeper. Mary has one daughter who lives locally and visits her three times a week and is very involved in her care.

Medical history

Mary has advancing Alzheimers. She was diagnosed 8 years ago and lived with her daughter until recently. A decision was made for admission to a nursing home as she was very confused at home and had wandered from the house on three occasions. On the last occasion she was not found for 24 hours and was dehydrated and very confused needing hospital admission. She currently is

- Mobilising unaided but same has reduced in last 6 months
- Has a 2 recent falls
- Wanders a lot
- Completely disorientated –(not recognising her daughter)
- Doubly incontinent
- Needs prompting at mealtimes and needs reminding to take fluids

Interests

- Helping out with light chores in the nursing home e.g. folding towels, wiping tables
- Listening to old music
- Saying her prayers with her rosary beads

Conclusion

1. Mary is now living in a nursing home
2. She is completely disorientated
3. High risk of falls
4. She needs assistance with activities of living needs

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THIS MUST BE COMPLETED BY THE COURSE TUTOR

Learners Name

	Marks available	Marks awarded
Thorough organisation and preparation of the task, including identification of clients' needs (15 marks)	Approach service user in a friendly courteous manner Discusses task <u>3 marks</u> Identify correct area to carry out this activity <u>3 marks</u> Prepare all resources required to carry out activity <u>3 marks</u> Ensure that any other team members needed are available <u>3 marks</u> Assist client to activity <u>3 marks</u>	
Careful execution of the task (15 marks)	Activity commenced in a timely manner <u>3 marks</u> All assistance required carefully identified and given <u>3 marks</u> Encouragement offered throughout the task to encourage independence, individualized care, dignity, respect, self esteem <u>3 marks</u> Any challenges quickly identified <u>3 marks</u> Refreshment offered and assistance with same if required. Include family members if appropriate <u>3 marks</u>	
Effective communication throughout the task (10 marks)	Good clear verbal communication throughout <u>3 marks</u> Good listening skills evident <u>3 marks</u> Good nonverbal communication evident <u>4 marks</u>	
Effective use of relevant safety and health practices (10 marks)	Identifies patient and task correctly <u>2 marks</u> Displays knowledge of safe moving and handling. Recognises own abilities and requests assistance when appropriate <u>2 marks</u> Prevention of cross infection including social hand wash <u>2 marks</u> Takes cognizance of the mental status of the patient <u>2 marks</u> Does not leave client unattended <u>2 marks</u>	
	<u>Total marks available – 50</u>	Total Marks awarded ____/50
Comprehensive record of the task	<u>Total marks available - 10</u>	Marks awarded ____/10
	Overall marks awarded out of 60 marks available	____/60

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