



PLANNING EXERCISE SKILLS DEMONSTRATION

✓ Client profile

✓ Identify chosen activity with reason(s) for choice

PLANNING EXERCISE SKILLS DEMONSTRATION

- ✓ Describe how the activity is planned including consultation and/or decision making by the service user – time, room size, placement in room, consents, weather(if applicable), transport (if applicable) etc.

- ✓ Resources required (what equipment, staff members, prizes etc.)

- ✓ Meeting the holistic needs of the resident (List one example of how you would meet the need under each heading)

Physical
Emotional
Environmental
Psychological
Spiritual

PLANNING EXERCISE SKILLS DEMONSTRATION

- ✓ You role in assisting the client/resident throughout the activity

PLANNING EXERCISE SKILLS DEMONSTRATION

- ✓ Describe verbal and non-verbal communication that took place

Verbal

NonVerbal

- ✓ Identify what health and safety practices are important

PLANNING EXERCISE SKILLS DEMONSTRATION

- ✓ Critical evaluation identifying what challenges (if any) this task may have